

## TEMPLATE FOR ADVERTISING RESEARCH POSTS

based on indications given by par. 4.4.1 of the  
"Report of the Working Group of the Steering Group of Human Resources Management under the  
European Research Area on Open, Transparent and Merit-based Recruitment of Researchers"

**Recruiting Department/Research Unit** Department of Education, Cultural Heritage and Tourism

**Title:** Measuring and Promoting Psychological Well-Being at University

### **Offer description:**

Measuring and promoting university students' psychological well-being. Specifically, the research activities will be related to the construction of a survey. The survey will have to establish the prevalence and extent of psychological and emotional distress with the detection of the needs and requirements of the student population, through the identification of a battery of assessment instruments, validated or validable. The purpose of the survey is to measure psychological distress, psychophysical well-being, possible addictive behaviour, symptoms, risk and protective factors. The survey should be based on a principle of inclusiveness (considering gender, intercultural and disability issues). A randomised study could also be carried out at the end of the survey. The survey will also be carried out on 'help seekers' (those who spontaneously request help from the psychological counselling services). For the initial and final evaluation the same scales used for the survey and the same instruments used for the follow-up of the interventions will be used.

### **Researcher career profile:**

- *R1 First Stage Researcher (up to the completion of PhD)*

For further details <https://euraxess.ec.europa.eu/europe/career-development/training-researchers/research-profiles-descriptors>

**Location:** Macerata, Italy

### **Type of contract:**

- *temporary*

### **Job status**

- *full time*

**Expected start date and duration of the contract:** 12 (twelve) months. The exact start date will be provided after the selection process.

**Annual gross salary:** € 19.367,00

**Selection criteria:** Master's Degree in Social Psychology

### **Preferential selection criteria:**

1. If the compulsory requirement is a Master's degree, a PhD in the same field is a preferential qualification
2. research experience in the subject area of the call for applications;
3. any scientific publications relevant to the research programme;

4. good knowledge of a European foreign language (english);
5. computer skills in the field of quantitative data analysis (e.g. SPSS or other software for statistical analysis - quantitative research);
6. good knowledge of research methodology with specific reference to quantitative research;
7. any further extra-academic experience will be assessed if relevant to the research programme.

**Application deadline:** 11/01/2025 1 p.m.

**Full details are available at:** <https://www.unimc.it/it/ateneo/bandi-e-concorsi/finanziamenti-ricerca/bandi-assegni-ricerca>

**Enquiries can be made to** Ufficio Ricerca Scientifica e Dottorato – [ufficio.ricerca@unimc.it](mailto:ufficio.ricerca@unimc.it)

## **DISCLAIMERS**

- The University of Macerata has adopted an OTM-R (Open, Transparent and merit-based Recruitment) policy within the framework of its Human Resources Strategy for Researchers; see <https://www.unimc.it/it/ricerca/hrs4r/la-policy-otm-r-open-transparent-and-merit-based-recruitment-of-researchers>
- The University of Macerata pursues an equal opportunities and diversity policy as well. Among facilities, a kindergarten is available for university's employees. Specific facilities and services are also dedicated to employees with disabilities (transportation services, specific technologies for studying).